

Simple Eats - “Autumn Appetizers” Grocery List



On The Menu This Week ...

Goat Cheese Crostini
Butternut Squash Turnovers
Spinach and Artichoke Pizza
Brie and Prosciutto Crostini

Yields 4 servings per meal

All ingredients are color-coded if you'd prefer to make only *some* of the weekly options. For ingredients that in numerous recipes (ie. limes), check the parenthesis to the right to see how many are in the recipes you're interested in making.

Protein:

- ❑ 3 oz prosciutto

Produce:

- ❑ 1 large honeycrisp apple
- ❑ 2 cups Butternut Squash
- ❑ 3 medium-sized leeks
- ❑ ½ lb shiitake mushrooms
- ❑ 2 ½ (2 + ½) cloves of garlic
- ❑ 1 (½ + ½) container of fresh thyme
- ❑ 1 lemon
- ❑ 1 bag (5 ounces) **frozen** chopped spinach
- ❑ 1 small bundle of scallions

Dry Goods & Bakery:

- ❑ 7 (3 + 3 + 1) tbsps extra virgin olive oil
- ❑ 1/4 cup shaved almonds
- ❑ Honey drizzle
- ❑ 6 oz baguette, sliced
- ❑ 6 oz white bread
- ❑ 2 – 3 tbsps fig jam
- ❑ 2 tbsp flour for dusting
- ❑ Toasted sesame seeds
- ❑ Salt and pepper
- ❑ 1/2 tsp hot sauce
- ❑ 1 - 14 oz can of artichoke hearts

Dairy & Refrigerated:

- ❑ 5 oz goat cheese
- ❑ 5 oz brie cheese
- ❑ ½ cup goat cheese
- ❑ 1 sheet Puff Pastry
- ❑ 1 bag or box of pizza dough (Trader Joe's or Gloriosos are the best!)
- ❑ 1 cup shredded Manchego cheese
- ❑ 1/2 cup crème fraîche
- ❑ 2 (1 + 1) large eggs