

Simple Eats - “Dinner Party for 20” Grocery List



On The Menu This Week ...

Braised Beef Tenderloin
Pan-Seared Chicken
Lemon Pepper Salmon
Roasted Vegetable Medley
Vegan Truffle Mashed Potatoes
Key Lime Pie
Chocolate Pecan Pie
Berry Cobbler
With Vanilla Whipped Cream

Note: Yields 4 servings per meal - For serving 20, multiply each ingredient by 5!

Protein:

- ☐ 2 lbs beef tenderloin roast, trimmed
- ☐ 1 1/2 lbs boneless, skinless chicken breasts, thighs, or tenders
- ☐ 1 lb salmon fillet without skin

Produce:

- ☐ 3/4 lb shallots
- ☐ 1 tsp dried thyme
- ☐ 8 sprigs (4 + 4) parsley
- ☐ 10 tbsps (2 + 2 + 4 + 2) parsley leaves
- ☐ 3 lemons (2 + 1) (save rind for zest)
- ☐ 1/2 tbsp lemon juice (can be from a lemon above, if making all desserts within a day of each other)
- ☐ 3 cups assorted berries (strawberry, raspberry, blueberries, etc.)
- ☐ 1/3 cup fresh Key lime juice
- ☐ 1/2 tsp grated lime zest, plus more for garnish
- ☐ 2-3 zucchini
- ☐ 2-3 yellow squash
- ☐ 1 small pack of whole Baby Bella mushrooms
- ☐ 1 bag of baby carrots
- ☐ 2 1/2 lbs large Yukon Gold potatoes

Dry Goods & Bakery:

- ☐ 1 1/2 tsp tomato paste
- ☐ 5 1/2 tbsps (3 + 2 + 1/2) olive oil
- ☐ 2 cups (1 + 1) + 1 tbsp all-purpose flour

- ☐ Salt and Pepper (all meat / vegetable recipes)
- ☐ 3 cups beef broth
- ☐ 1/2 cup water, chicken or vegetable stock
- ☐ 3/4 cup port wine
- ☐ 1/2 cup dry white wine
- ☐ 3 oz white truffle oil (found at Sendik's, TJ Maxx, or specialty grocery)
- ☐ 1 1/2 cups graham cracker crumbs
- ☐ 1 (14-ounce) can sweetened condensed milk
- ☐ 1 pre-made pie crust or homemade crust
- ☐ 1 cup light corn syrup
- ☐ 1 cup sugar
- ☐ 2 tbsps cocoa powder
- ☐ Sprinkle of cinnamon
- ☐ 1 1/2 cup Chopped pecans
- ☐ 1/2 cup chocolate chips
- ☐ 1 tsp + a splash of vanilla
- ☐ 1/2 tsp baking powder
- ☐ 3/4 cup packed light brown sugar

Dairy, Refrigerated or Frozen:

- ☐ 3 slices bacon
- ☐ 2 sticks (4 + 4 + 1 + 3 + 3 tbsps) + 1 stick butter
- ☐ 6 tbsps (3/4 stick) Vegan or unsalted butter
- ☐ 1 1/2 cups Almond milk
- ☐ 1 bag of frozen pearl onions
- ☐ 7 (3 + 4) large eggs

